



Mobile Phone Radiation and Electro-smog

Risks and side effects

There are now over 20,000 scientific studies proving that electro-smog causes stress to living creatures! But there are also studies that contradict this. And it is on precisely these studies that the cliques who trivialise the effects of mobile phone radiation and electro-smog base their case. In the face of this controversy, it must, however, be taken into account that each person responds in a highly individual manner to these stresses; this fact makes scientific reproducibility very difficult for many tests. Furthermore, objective research and the impartial reporting of its findings are pitted against well known economic interests.

The points at issue are not as harmless as we have been led to believe. Even the Senat, the second chamber of the French parliament, apparently sees it this way and recently passed a bill with the intention of banning mobile phones in schools for children under the age of 15. The reason given for this was that «one must protect young people from possible long-term consequences of electromagnetic radiation during their developmental stage.»

The WHO also reports on a significantly increased risk of cancer, especially for children and teenagers. The World Health Organisation's statements are based on the first reliable long-term study of mobile phone radiation.

Bans or shielding are, however, no solution to the «radiating» problem; they merely represent displacement tactics. We regard it as a positive development that people are concerning themselves more and more with this radiation and its consequences; we have, after all, been appealing for caution and more personal responsibility with regard to protective measures for more than 20 years. In this brochure, we discuss this multifaceted topic in extensive detail and also present practicable and proven suggestions for solving the problem.

Human beings vibrate. Each organ – each cell, even – has its own particular natural vibration or frequency. This fundamental vibration allows the human organism to maintain its health and capacity for development. Disorders or illnesses can arise only if this natural frequency is disrupted. In the case of ionising radiation (radioactivity), this occurs in a radical and often definitive fashion. In the case of non-ionising radiation (electro-smog), the effects can be extremely subtle and occur over a long period of time. For this reason, disorders resulting from electro-smog usually arise gradually, without any direct connection being recognised from the start.

«The physical view of the world is not wrong in that which it purports,
but in that which it conceals».

Carl Friedrich von Weizsäcker (former head of the Max Planck Institute)

For a human being, the problem with electro-smog begins at the point where the vibrations striking the body prove to be stronger than his or her own and hence alter the vibrational pattern of a particular organ or its cells. This disrupts cell communication and throws metabolic processes off track. The upshot of this is that resonance can occur anywhere in the body, and that it occurs in a different way for each person.

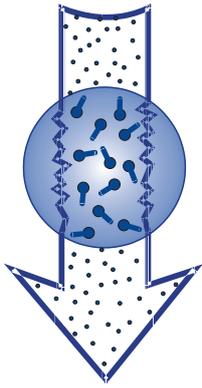
Maximum permissible values are arbitrary standards

To answer this, we should first take note that the existing maximum permissible values are recommended by a commission on protection against non-ionising radiation. The ICNIRP, a commission recognised by the WHO and the EU, is not an independent body, but a private association in Germany, whose members are close to the electrical industry or are directly appointed by it. One could compare this to an association of motor racing drivers to which one entrusts the specification of the statutory maximum speed limit.

The Swiss Federal Supreme Court formulated it as follows: «Maximum permissible values are not to be specified according to medical considerations, but according to commercial acceptability and technical feasibility».

The Bern-based Federal Administrative Court writes: «The populace has no right to zero risk. Maximum permissible values serve merely to keep the damage within acceptable limits».

In mobile communications, however, there are many frequencies which superpose themselves on our natural frequency patterns in an unpredictable way and hence have the potential to interfere with the physiological processes of the body. For a long time, patents have even existed describing how the consciousness of humans can be manipulated by transmitting certain types of radiation to influence moods, feelings, thoughts and actions, for example. For many years in Japan, men were even rendered sterile using high doses of microwaves with mobile telephone frequencies.



Because of electromagnetic interference fields, the natural flow of energy gets out of control

Energy chaos

What many scientific studies have confirmed corresponds with our 20 years of practical experience. Electro-smog extracts the energy from its surroundings. Most residential apartments, houses, offices, commercial areas and manufacturing plants are polluted with negative electromagnetic interference fields. People, animals and plants in these environments are permanently drained of energy by these fields. The greater the pollution by electro-smog is, the greater the degree of energy drainage is too.

What ensues is energy chaos.

If the human organism is exposed to such interference fields for a prolonged period, its ability to cope becomes overwhelmed. This is because the body is only able to compensate for these effects for a limited time without losing its own natural biological vibration.

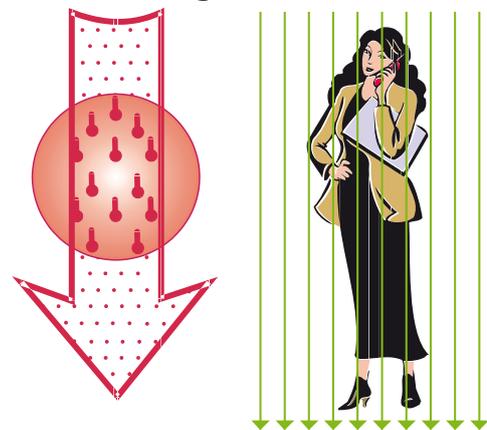
The result is a kind of allergic overreaction and, with it, increasing damage to health; vitality becomes weakened, which goes on to affect the immune system and reduce its efficiency. Psychological effects such as dissatisfaction or even depression or bad, disturbed sleep can be observed, as can increases in symptoms of illness, such as headaches, tension, high blood pressure, muscle twitching, nerve pain, dizziness, heart rhythm disturbance, nausea, ringing in the ears, inability to concentrate, fatigue, vision disorders, falling creativity and diminishing motivation. It may even result in absences from work because of illness.

Reversing intrinsic spin

The work of FOSTAC is based on the latest findings from the field of quantum physics. In connection with the research of new electronic and medical systems, which were tested as part of the Russian space programme, Russian and Ukrainian scientists have demonstrated that the entire information content of matter is stored in the electrons of the atom. The electron is therefore the active part of every atom – and the atomic nucleus is thus reactive. If one modifies the information in the electron, the whole atom behaves in accordance with this change in information. The scientific findings also show that the electron – depending on the type of information – develops an intrinsic spin in either the clockwise or the anticlockwise direction, which can be mathematically calculated nowadays.

Under normal conditions, electrons contain biologically negative information – this results in a clockwise spin – as well as biologically positive information, which results in an anticlockwise spin.

The electrons of electrical current flows and microwave beams are subject to the same principles. They do, however, contain an excess of negative



Reversing the polarity of negative information allows the energy to flow freely again

information. This is what we refer to as electro-smog. If this negative information is erased by a high-frequency information transmission, and positive information is impressed on it, the electron receives an unambiguous charge. **From chaos comes order.**

Electro-smog is everywhere

Electro-smog can be neither seen, heard or smelled, and only a few people can sense it. The fear of the invisible sits deep within us humans. And because the effects of the omnipresent electro-smog are barely perceptible, they seem all the more worrying to us.

A life free of any electro-smog has, however, become an illusion in our daily routine nowadays. The network of mobile radio, small and large antennae, radar, military radio, UMTS, radio broad-



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casting, television, high-voltage lines, DECT, WLAN, Bluetooth, navigation, mobile phones, microwaves, electric cookers and so on covers almost the entire land surface. Even during a complete power failure, thousands of continuously transmitting satellites are still orbiting above our heads.

The option remaining to us is to modify our environment by, for instance, actively switching things off and/or unplugging them and keeping our distance, as well as,

up to a certain extent, by achieving improved bodily resistance. Or else we change the spin direction and, in doing so, turn negative electrons into positive electrons.

Not to be viewed in isolation

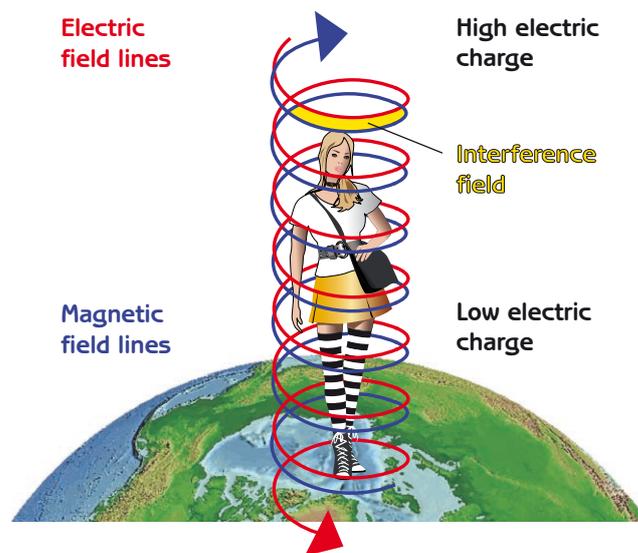
Our natural scientific understanding often requires the phenomena of nature to be broken down into their individual components. Physics, chemistry, biology, magnetism and other natural mechanisms are, unfortunately, all too often perceived by people as areas separate from one another. Electricity in all its various manifestations is usually assigned to the set of subject matter covered by physics and is perceived as a peripheral topic at most in other disciplines. However, the natural electromagnetic spectrum has also exerted a major influence on biology throughout the entirety of evolution. In phenomena such as photosynthesis, the sense of sight, skin tanning, the directional sense of migratory birds and sensitivity to weather, electromagnetic processes are always running alongside complex chemical reactions. When it comes down to it, all living creatures, whether plant, animal or human, are electromagnetic beings.

Spiritual/electrical energy contains all the information required to provide the basis for that energy to coalesce into particular forms of life. It is the blueprint of matter. It flows – insofar as it is imbued with predominantly creative/positive information – in an anticlockwise direction from the

cosmos to the centre of the Earth.

Magnetic energy is the reflection (copy) of the spiritual/electrical master. It is obliged to shape itself in exact accordance with the information contained in the spiritual/electrical master. It flows in a clockwise direction from the centre of the Earth to the cosmos. An energetic stress field, known as an interference field, arises between the two energy flows. This acts like a hologram, which is why matter appears solid to us even though this is not the case.

Because the life force is of an electromagnetic nature, it also reacts to all factors of this kind that arise on the Earth, such as our thoughts and feelings, physical conditions, effects of weather, the radiation from the stars, etc.



Wherever current flows, not only light, heat or motion is generated, but also an invisible magnetic and electric field. The main difference between the various electric fields is their frequency, i.e. the vibrational velocity per second (hertz).

Maximum permissible values at odds with experience

In Germany, there exist independent building biology measurement technicians (SBM Standard of Building Biology Testing Methods Association), whose standards distinguish between different biologically relevant influencing variables. These standard values have been continuously updated for 25 years by independent German building biologists to reflect real-life experience. From these, maximum target values have been derived that, from the building biology point of view, are acceptable for sleeping areas. What is striking here is the enormous discrepancy between the values obtained in this way and the very generously apportioned statutory maximum permissible values which, according to public mandate, are also supposed to have a protective function.

In the light of such differences, these statutory maximum permissible values would appear to be highly dubious indeed.

Alternating electric fields (low frequency):

Every electrical conductor to which a voltage has been applied, every electrical appliance or cable that has been plugged in, generates an electric field even when no load has been switched on and no current is flowing. According to the SBM, 1 - 5 V/m (volts per metre) is classed as a field that is still weak; in contrast, the statutory maximum permissible value for civil protection allows exposure to fields of up to 7,000 V/m.

Alternating magnetic fields (low frequency):

When current flows (e.g. when a lamp is lit or a cooking stove is switched on), a magnetic field also arises, in addition to the electric field. In contrast to electric fields, magnetic fields penetrate practically all materials without hindrance and cannot therefore be screened or deflected in the living area. But their polarity can be reversed! According to the SBM, 20 – 100 nT (nanotesla) is classed as a field that is still weak; in contrast, the statutory maximum permissible value for civil protection allows exposure to fields of up to 400,000 nT and, in the workplace, up to as much as 5 million nT!

Electromagnetic waves (high frequency):

Of particular concern is the expansion throughout the land of transmitters for mobile communications and wireless internet access (W-LAN). Similar transmitters are also sold as cordless telephone systems for use in the home without being subject to any statutory maximum permissible value (DECT telephony). Meanwhile, the signs are accumulating that precisely this blanket irradiation of the populace with high-frequency electromagnetic waves – even when they do lie in the so-called «non-thermal» range and do not cause any visible burning of the skin (microwaves!) – is capable of sensitising or damaging the human (and also the animal) organism to a significant degree. This extends as far as genetic mutations and physical changes. According to the **SBM, 0.1 - 10 microwatts per square metre** is classed as a field that is still weak; in contrast, the statutory maximum permissible value for civil protection allows exposure to fields of **up to 10 million microwatts per square metre (EU) and, in Switzerland, up to 100,000...**



FOSTAC has tried and tested solutions

So how should we deal with electrobiological exposure? The essential thing when dealing with such influences is surely that we do not lapse into hysteria in the face of these invisible sources of disturbance but, at the same time, do exercise proper caution.

Even the fact that a mobile phone radiates periodically with full transmission power is not overtly disclosed to us. This should make it abundantly clear to us that we are ourselves responsible for our own health. A proven and well-tested solution is at hand: repolarisation using FOSTAC® technology in order to modify the transmission of information and hence neutralise the negative electromagnetic interference fields. This makes it possible for the positive energy fields to readjust themselves so that the natural energy reserves are replenished.

Personal responsibility

Would you put yourself in a microwave oven? Hardly, but nowadays we are, nevertheless, directly exposed to electric fields and microwave radiation of varying intensity everywhere in the world. These fields interfere with our own electromagnetic and biological systems and cause changes in them. This radiation may well be tolerable for many years when we are in good health. Nevertheless, the incessant influence of the radiation fields leads to a steady heightening of our personal sensitisation, which can, in combination with other factors, result in severe and enduring health problems. One should protect oneself against this.

For this reason, it is strongly advisable to keep the fields as low as possible in your personal regeneration zone and reduce your exposure to a prudent level. Electro-smog and this invisible mix of radiation are facts. Instead of ignoring this, we should now take responsibility for ourselves, following the maxim that: Prevention is better than (belated, expensive and time-consuming) cure!



At this point, we would like to invite you to visit our website at www.fostac.ch. We present on our website not only all of our products, but also scientific studies that document the way FOSTAC® technology works, seen from both the physical and laboratory point of view. In addition, our «FOSTAC CHIP» flyer is available for downloading for free.

We would also like to refer the interested reader to one of our other websites: www.fostac-technologies.ch. Here you can find information concerning a very revolutionary harmonisation system: the FOSTAC MAXIMUS®. This device not only reverses the intrinsic spin of the electrons within the entire electric circuit of, for example, your apartment, house or factory, but also optimises the energy of the individual electrons.

In addition to harmonising the electro-smog, this also has the effect of significantly reducing the quantity of electricity used by or, as the case may be, clearly optimising the power input from photovoltaic panels, biogas, wind power, etc. Hence, in the final analysis, natural resources are conserved too. What is more, the FOSTAC MAXIMUS® is subject to the right of return.

For further information, documentation or specific advice for individual solutions, please do not hesitate to contact us at any time.