

# Energo-medical double blind study RHO ROD MINI

(Summary of a blind study with 20 experimentees)

In a study with the HRV diagnostic procedure (measurement of the heart rate variability, via ECG), the effect of the **RHO ROD MINI** against an exposure to electrosmog (mobile phone radiation) was tested in 20 experimentees of different genders and ages. The purpose was the clarification of six objectives:

1. Evaluation of the variation of the autonomic nervous system as the baseline for comparison of a later exposure to electrosmog
2. Evaluation of the autonomic nervous system in the case of an unprotected exposure to a mobile phone
3. Evaluation of the autonomic nervous system in the case of an exposure to a mobile phone, with the presence of a placebo **RHO ROD MINI**
4. Evaluation of the autonomic nervous system in the case of an exposure to a mobile phone, with the presence of an informed **RHO ROD MINI**
5. Comparison of the situation: placebo and informed **RHO ROD MINI**
6. Comparison of older and newer **RHO ROD MINI**

The tests were conducted at the Holistic Center in Prien, Germany, and the Integrated Medicine Practice in Herisau, Switzerland.

## Summary:

In this scientific, randomized, placebo-controlled double-blind study, there were significant results with respect to mobile phone calls on the one hand and also to the use of the **RHO ROD MINI** of the FOSTAC company, on the heart rate variability (HRV) and as a result also on the autonomic nervous system (ANS):

Criteira within the HRV	Average norm	Unprotected mobile phone	Mobile with placebo protect.	Mobile with verum protect.
Stress-Index	100,0	236,0	253,0	134,0
Disstress-Index	7,5	104,0	174,0	12,0
tension/ relaxation ratio (VLF/HF)	2,0	4,1	5,6	2,2
Tension sum (VLF + LF)	70,0	78,0	75,0	68,0
Unconscious brain (centralization index)	4,0	7,2	8,4	4,1

**Note: The differences between the placebo (uninformed) and verum (informed) are statistically significant.**

- Unprotected phone calls, as well as those protected with the placebo rod, stress the autonomous nervous system.

On the other hand, the researched **informed RHO ROD MINI produces an improvement of the medical criteria that are responsible for stress.**



- Phone calls with a mobile phone at one ear reduce the regulatory capacity of the autonomous nervous system in the sense of a tendency to numbness. **With the RHO ROD MINI**, these biological effects **are not only neutralized, but converted into positive effects**, that are somewhat weaker than the previous negative effects.
- As a result of the significance that results in this study, we can thus say that the **RHO ROD MINI** has the capacity of protecting against technical electrosmog, as well as a biological-energetic-informational effect.



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Note:

Manfred Doepp, MD, is a reviewer for the following organisations:

- International Society on Systemics, Cybernetics and Informatics
- International Society on Computer, Communication and Control Technologies

For further information  
[www.fostac.ch](http://www.fostac.ch) (click here)